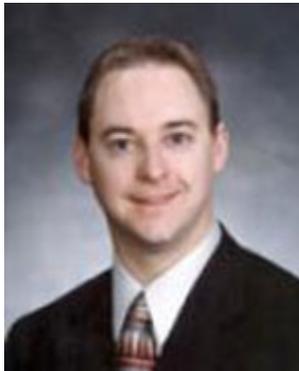
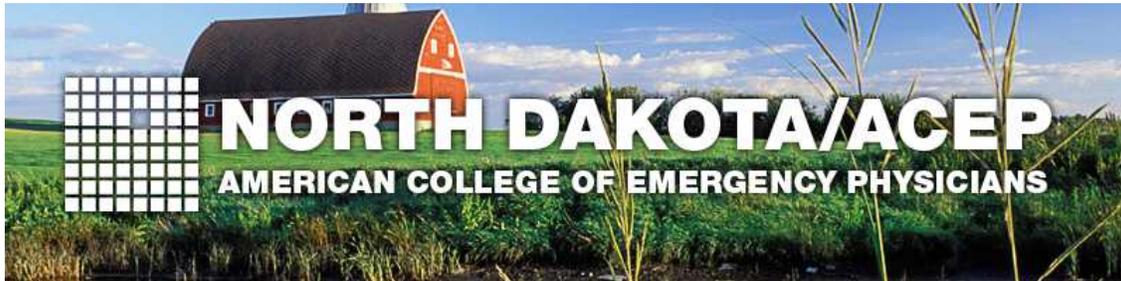


A Newsletter for the Members of the North Dakota ACEP Chapter



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From the President **Christopher Boe, MD, FACEP**

I hope you can make it to the presentation that **[Jay A. Kaplan, MD, FACEP](#)**, Immediate Past President of ACEP will do on **Thursday, November 10th**.

A topic that affects all of us and he will discuss is: **[Well-Being in EM: Avoiding Burnout and Promoting Resilience](#)**.

The presentation will begin at **4:00pm** and will be held at the **North Dakota School of Medicine & Health Sciences** in Grand Forks.

If you haven't **RSVP'd**, please click **[here](#)** to **RSVP**.

If you are interested in hearing the presentation and cannot make it out to Grand Forks, please send the chapter an [email](#), we may be able to transmit it to your local hospital.

Fellow Recognition!

We would like to recognize the following member for receiving the designation of **Fellow** at [ACEP16](#):

Andrew Lars Bakke, MD, FACEP

Adriana's Corner

Please don't forget about [sharing](#) your interesting cases, an article recognizing your fellow colleagues or any photos you'd like posted on the chapter website.

I'd love to post the information on the chapter website or on the next chapter e-newsletter.

Clinical News

Endovascular Therapy May be Effective for Strokes from More Distal Occlusions

Endovascular therapy (EVT) may be effective for acute ischemic stroke caused by occlusion of the middle cerebral artery M2 segment, suggests a multicenter retrospective study.

[Read More](#)

Pain Scales Often Fail to Capture What ED Patients Feel

Asking patients in the emergency department to rate their pain on a visual scale or to rank it from zero to 10 doesn't really convey what the patient is feeling, suggests a study from Sweden.

[Read more](#)

Researchers Find First U.S. Bacteria With Worrisome Superbug Genes

New Jersey researchers say they have identified perhaps the first strain of E. Coli bacteria in the United States with mobile genes that make it resistant to two types of antibiotics now

considered last-line defenses against superbugs.

[Read more](#)

News from National ACEP

New Epinephrine Labeling

There has been a change to the labeling of epinephrine. Epi 1:1000 used for anaphylaxis and asthma is now labeled 1.0mg/ml. Epi 1:10,000 used for cardiac arrests is now labeled 0.1 mg/ml. There has been concern that the current labeling caused confusion and inappropriate dosing.

New Crowding Solutions Resource

A new information paper on the causes, impacts and solutions to the crowding and boarding problem has been approved by the Board of Directors. Members are encouraged to distribute this reader-friendly paper to their hospital administrators or local policymakers who may benefit from a better understanding of why they must, and how they can, address this vexing and dangerous problem. A link to the new paper entitled "[Emergency Department Crowding: High Impact Solutions](#)" is available.

Blood Clot Information for Patients Developed

ACEP (through an educational grant from Bristol Myers Squibb) is providing UNBRANDED resources to patients with newly diagnosed VTE/PE. The program provides text messages to connect patients to video based education which discusses the importance of taking medication and getting follow up. No product name is mentioned or implied. The program is called [Know Blood Clots](#), and is explained on the website. Patients can also text CLOTWEB to 412-652-3744 to sign up for the Know Blood Clots program. If you have questions, feel free to email [Sandy Schneider](#) and I will try to supply further details.

For your convenience, we have created a smart phrase (dot phrase) that you can copy and paste into your electronic medical record then add to the discharge paperwork, which will provide your patients with this information:

"You have been diagnosed with a blood clot. You and your family/caretakers will likely have a lot of questions over the next few weeks. There is a program that that might help. It provides text messages to connect you to videos and other education. In addition the messages will remind you to make a doctor's appointment and get your medicine. Please go to www.knowbloodclots.com or text CLOTWEB to 412-652-3744. If you don't have a smart phone,

perhaps a family member can enroll you. Normal text message charges may apply.”

New Sections at ACEP

A sufficient number of members have come together to officially form three new Sections in the College. The Pain Management Section was formed earlier this year and is now being followed by the creation of the Medical Directors Section and the Event Medicine Section. The new Sections will meet at **ACEP16** for the first time. Members interested in any of these topics are invited to attend the Section meetings and/or join the new Sections.

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